

## Development of a Simple Fluorescence Sensing System for Carbonyl Stress in Urine

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In this study, we developed a simple fluorescence sensing system to rapidly measure the total carbonyl stress in urine because carbonyls may form advanced glycation end products, leading to diseases. The traditional method for detecting carbonyl stress has been high-performance liquid chromatography (HPLC), which detects glyoxal, methylglyoxal, and 3-deoxyglucosone contents. The excitation and emission wavelengths used in the sensing system to monitor aldehyde content in urine were 340 and 500 nm, respectively. Rat urine samples were derivatized with 5,6-diamino-2,4-hydroxypyrimidine sulfate dihydrate. A 20  $\mu$ L sample was added to a carrier composed of polydimethylsiloxane for testing, and only 1 s was required for detection. According to the fluorescence intensity results, the calibration curve for the total content of all aldehydes in the urine had a good degree of linearity with the fluorescence intensity ( $R^2 = 0.9879$ ). In addition, the urine of diabetic and healthy rats was tested, and the correlation coefficient between the total carbonyl content detected by the simple fluorescence system and HPLC reached 0.8132. Collectively, our findings demonstrated that our system can rapidly measure total carbonyl stress in urine with a small sample volume.

### 1. Introduction

Carbonyl stress is caused by a series of active carbonyl compounds, including glyoxal, methylglyoxal, 3-deoxyglucosone, and acrolein. Oxidative pressure is generated mainly through free radical changes in proteins and lipids, which accumulate into carbonyl stress.<sup>(1)</sup> When the concentration of carbonyls is very high, advanced glycation end products (AGEs) are formed. This process was originally discovered in the Maillard reaction.<sup>(2)</sup> From a pathological viewpoint, AGEs can modify the biological structure or interact with specific cell receptors to

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cause many diseases.<sup>(3,4)</sup> Complications include diabetes,<sup>(5–7)</sup> neurodegenerative diseases (Parkinson's disease and Alzheimer's disease),<sup>(8)</sup> and male infertility.<sup>(9)</sup>

The most common method of detecting carbonyl stress is the detection of methylglyoxal, which has the highest carbonyl stress.<sup>(10)</sup> High-performance liquid chromatography (HPLC) has been used to detect methylglyoxal.<sup>(11–14)</sup> Although it takes a long time to detect a sample, it is still an important detection method. HPLC is highly accurate because it individually separates various compounds in the test substance.

When detecting methylglyoxal by the fluorescence method, methylglyoxal does not produce natural fluorescence by itself. Therefore, the fluorescent derivatization reagent 5,6-diamino-2,4-hydroxypyrimidine sulfate dihydrate (DDP) is used to convert methylglyoxal to methyl-lumazine before detection.<sup>(14)</sup>

A simple fluorescence sensing system for D-lactate dehydrogenase detection was developed in 2015.<sup>(15)</sup> In the present study, DDP was used to derivatize urine in accordance with a method proposed by Espinosa-Mansilla *et al.*,<sup>(7)</sup> and the total carbonyl stress in urine was directly measured using a fluorescence sensing system. HPLC was also used to determine the levels of single components, which were summed to obtain the carbonyl stress. Finally, we compared the results obtained using the two systems to explore their correlation.

## 2. Materials and System Structure

### 2.1 Materials

The miniature fiber-optic spectrometer (USB2000) used in this study was purchased from Ocean Optics (USA). A programmable DC power supply (LPS 305B-TC) was purchased from Motech Industries (Taiwan). An LED (UVA-340) was purchased from Roither Laser Technik GmbH (Vienna, Austria). Translation stages (TSDH-402S, TSDH-403L) and an optical lens (AGL-12-8.5p) were purchased from Sigma Koki (Tokyo, Japan). A FLUOstar OPTIMA microplate reader was purchased from BMG Labtech (Germany). Polydimethylsiloxane (PDMS) was purchased from SciKet (Taiwan). Citric acid monohydrate and sodium hydroxide were purchased from Nacalai Tesque (Kyoto, Japan). DDP was purchased from Tokyo Chemical Industry (Tokyo, Japan). Ammonium chloride and ammonia solutions were purchased from Kanto Chemical (Tokyo, Japan) and Showa Chemical (Tokyo, Japan), respectively. A methylglyoxal solution (40% in water) was obtained from Sigma-Aldrich (St. Louis, MO, USA). All solutions were prepared by dilution in ultrapure water obtained from a Milli-Q system. HPLC-grade acetonitrile (ACN) was obtained from Merck (Darmstadt, Germany).

### 2.2 System structure

The system structure was built using a 340 nm UV-LED as the excitation light, which can be focused on a sample carrier made of PDMS through an optical lens. The sample carrier was made into a V-shaped groove sheet. The PDMS spectrum is shown in Fig. 1. We selected PDMS as the material owing to its excellent inertness, light transmittance, and biocompatibility. This

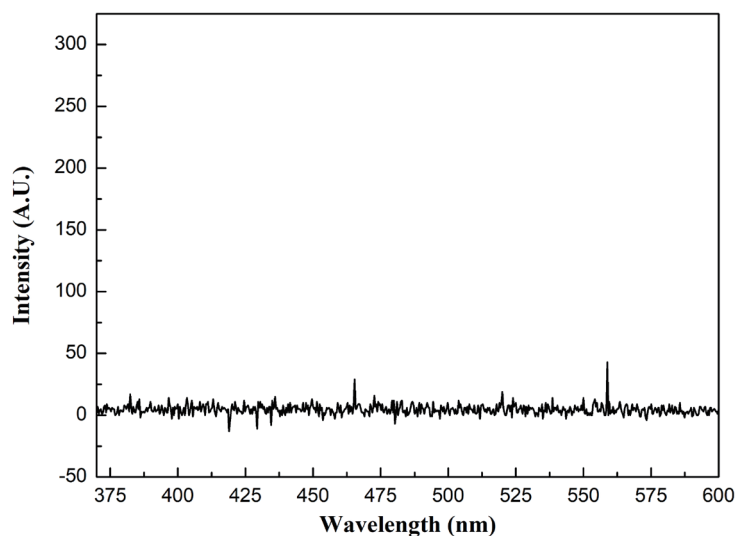


Fig. 1. Spectrum of sample carrier made of PDMS.

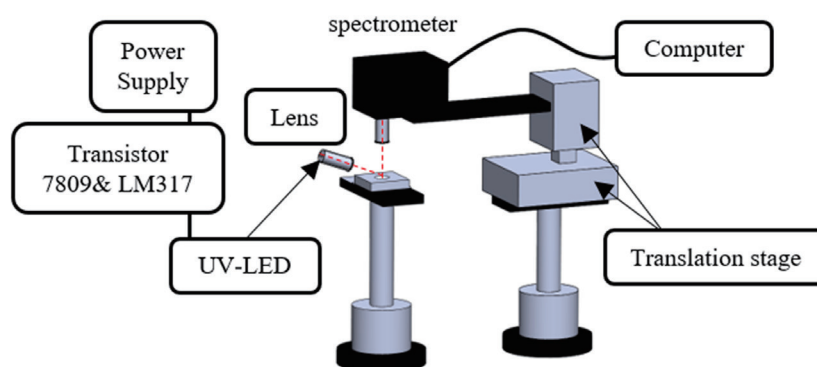


Fig. 2. (Color online) Architecture of proposed system.

method is suitable for detecting biological samples. To maintain the stable operation of the LED, a voltage-stabilizing circuit was fabricated with 7809 and LM317 transistors. The overall driving voltage was 7.0 V and the current was 10 mA. The emission light from the sample passed through an optical lens and was focused on the USB2000 spectrometer, which was used as the receiving end of the system, and data were collected through a computer. All parts were built on a 3D translation stage to obtain the most suitable optical path. The architecture of this system is shown in Fig. 2.

### 2.3 Derivatization

The rat urine was shaken and centrifuged, and the middle part of the urine was collected for a series of concentration dilutions. We used ammonium chloride buffer (pH 10.0) and  $7.5 \times 10^{-4}$  M DDP, mixed them at a ratio of 2.5:50  $\mu\text{L}$  (v:v) into an Eppendorf tube that was protected from light, and added 20  $\mu\text{L}$  of the prepared sample. The reaction mixture was incubated at 60 °C for

30 min and placed in an ice bath for 5 min. Finally, 500  $\mu\text{L}$  of 0.01 M citric acid buffer (pH 5.88) was added to stop the derivatization reaction. Next, we took the diluted urine and added a series of concentrations of methylglyoxal standards and performed the same derivatization steps.

### 3. Experimental Methods

#### 3.1 Methylglyoxal standard product

To confirm that the system could measure the carbonyl stress, we chose the methylglyoxal standard product, which had the highest proportion of carbonyl stress. The concentration was adjusted to 0, 35, 70, 105, 140, 175, 210, 245, 280, 315, 350, 385, 420, 455, 490, 525, and 560  $\mu\text{g/L}$ , and the fluorescence value for each concentration was recorded.

#### 3.2 Rat urine

To confirm that rat urine could also be measured with this system, it was diluted to different concentrations, the fluorescence value was measured, and the accuracy and precision were analyzed. Rats were divided into diabetic and healthy control groups, and the analysis was performed at dilution of twofold and fourfold. The fluorescence value of urine was compared with the linearity of the methylglyoxal standard to determine the concentration of the diluted urine, and the corresponding concentration of the methylglyoxal standard was then added for recovery analysis.

#### 3.3 Comparison with HPLC

Samples were randomly drawn from the urine of diabetic and healthy rats to determine the correlation between the total carbonyl stress measured by this simple fluorescence sensing system and the sum of each component measured by HPLC.

## 4. Results and Discussion

Figures 3 and 4 show that in the detection of methylglyoxal standard products, there is a good linear relationship between the sample concentration and the fluorescence. According to the measurements of the intra-assay and inter-assay,  $R^2 = 0.9901$  and  $0.9868$ , respectively, the system can operate normally. Error bars represent the range of each measurement. The reasons for the error may include the concentration of DDP, the pH at the time of derivatization, and the temperature at the time of measurement. However, the error was generally within the allowable range.

The relationship between the fluorescence value and the dilution ratio of rat urine (1.25 to 32 times) is shown in Fig. 5. The fluorescence value had a linear relationship with the concentration ( $R^2 = 0.9713$ ). This shows that our system can measure methylglyoxal standard products and urine samples of rats with good linearity.

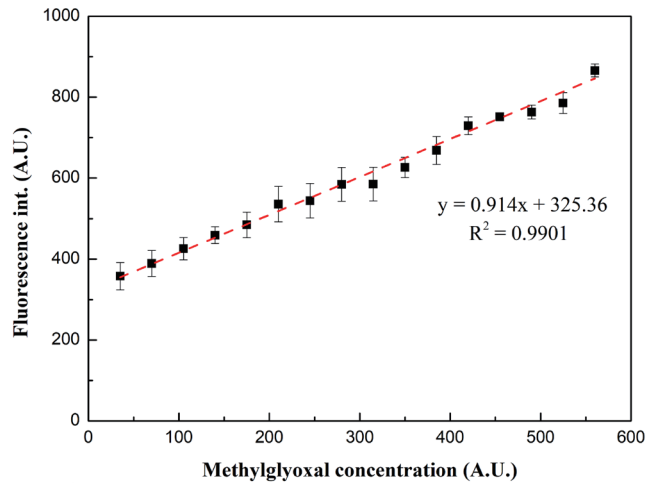


Fig. 3. (Color online) Calibration curve of methylglyoxal standard product for the intra-assay.

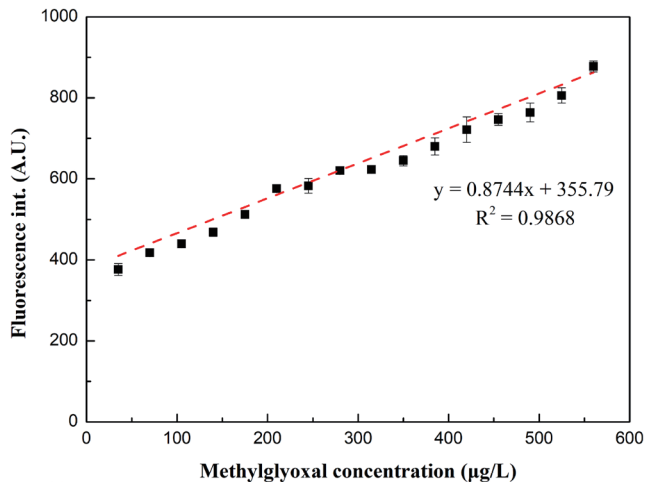


Fig. 4. (Color online) Calibration curve of methylglyoxal standard product for the inter-assay.

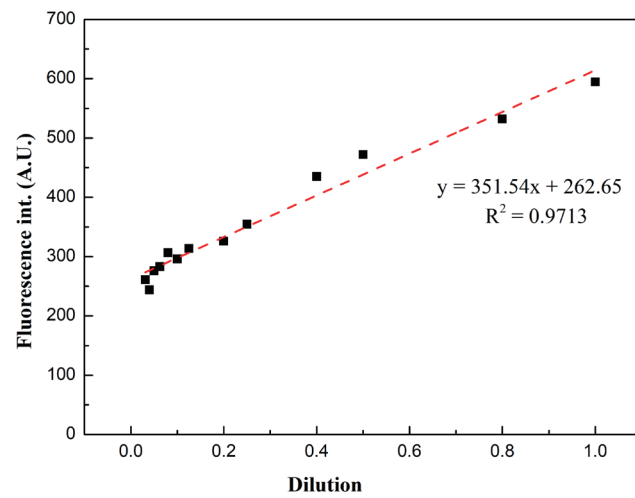


Fig. 5. (Color online) Calibration line of rat urine at different dilutions.

The rat urine samples were diluted fourfold and twofold, and we compared the fluorescence value of each sample with the calibration curve of the methylglyoxal standard product to determine the concentration, and added a methylglyoxal standard solution of similar concentration for precision and accuracy analyses. The entire experimental procedure was performed using intra- and inter-assays, and the results are presented in Tables 1 and 2, respectively. “DM” and “C” in the tables represent diabetes and healthy control groups, respectively, and the number following them represents the dilution ratio. The calibration curve of the sample, which is for the urine of diabetic rats diluted twofold, is shown in Fig. 6 ( $R^2 = 0.9879$ ). The calculation results of the recovery rate were within the allowable error range, although a few larger errors mainly appeared in the rat urine diluted twofold, which might be

Table 1  
Precision and accuracy analyses of intra-assay.

DM4	Add MG ( $\mu\text{g/L}$ )	0	105	122.5	140	157.5
	Mean ( $\mu\text{g/L}$ )	127.59	214.49	232.56	248.21	270.94
	Recovery (%)	—	82.76	85.69	86.16	91.02
	RSD (%)	6.27	5.19	6.29	6.6	7.2
DM2	Add MG ( $\mu\text{g/L}$ )	0	210	227.5	245	262.5
	Mean ( $\mu\text{g/L}$ )	345.72	494.14	509.67	532.77	558.84
	Recovery (%)	—	70.68	72.07	76.35	81.19
	RSD (%)	1.57	4.17	2.23	2.03	1.86
C4	Add MG ( $\mu\text{g/L}$ )	0	52.5	70	87.5	105
	Mean ( $\mu\text{g/L}$ )	72.6	128.65	149.06	165.72	175.69
	Recovery (%)	—	106.75	109.22	106.43	98.18
	RSD (%)	3.77	5.9	5.98	7.37	11.56
C2	Add MG ( $\mu\text{g/L}$ )	0	140	157.5	175	192.5
	Mean ( $\mu\text{g/L}$ )	224.65	319.93	355.93	387.6	412.8
	Recovery (%)	—	68.48	83.73	93.46	98.05
	RSD (%)	3.11	0.39	2.19	2.83	1.67

Table 2  
Precision and accuracy analyses of inter-assay.

DM4	Add MG ( $\mu\text{g/L}$ )	0	105	122.5	140	157.5
	Mean ( $\mu\text{g/L}$ )	132.52	222.21	241	259.68	274.82
	Recovery (%)	—	85.42	88.56	90.83	90.35
	RSD (%)	3.48	2.9	3.14	2.41	1.6
DM2	Add MG ( $\mu\text{g/L}$ )	0	210	227.5	245	262.5
	Mean ( $\mu\text{g/L}$ )	291.54	526.16	523.37	550.82	559.97
	Recovery (%)	—	111.72	101.9	105.83	102.26
	RSD (%)	2.82	2.5	1.6	0.86	2.04
C4	Add MG ( $\mu\text{g/L}$ )	0	52.5	70	87.5	105
	Mean ( $\mu\text{g/L}$ )	81.39	125.17	141.83	177.23	184.31
	Recovery (%)	—	83.4	86.36	109.54	98.03
	RSD (%)	1.02	2.74	1.83	2.61	0.43
C2	Add MG ( $\mu\text{g/L}$ )	0	140	157.5	175	192.5
	Mean ( $\mu\text{g/L}$ )	172.55	319.7	357.38	384.01	410.43
	Recovery (%)	—	105.1	117.35	120.83	123.57
	RSD (%)	0.39	1.51	1.13	2.11	0.99

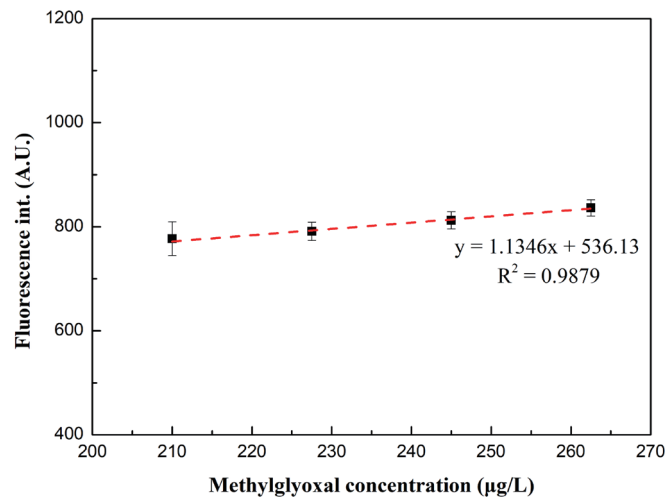


Fig. 6. (Color online) Calibration curve of urine diluted twofold.

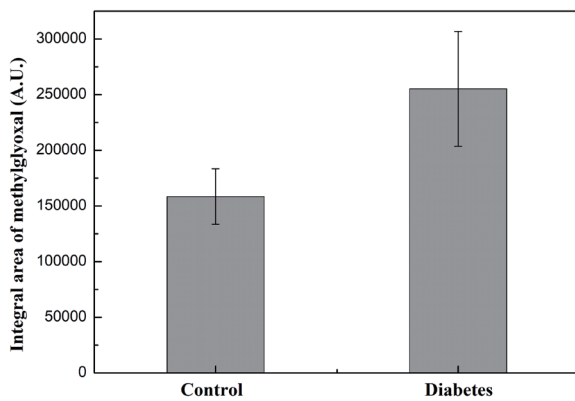


Fig. 7. Carbonyl stress detected in rat urine by HPLC.

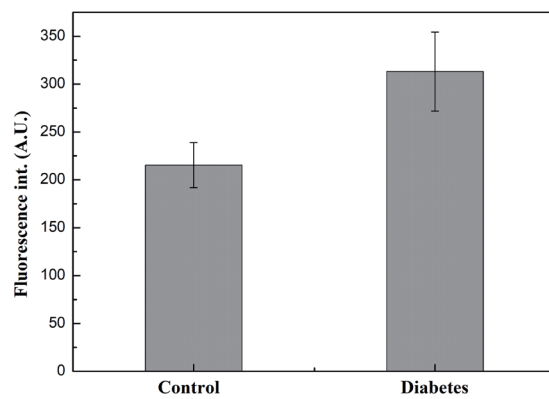


Fig. 8. Carbonyl stress detected in rat urine by fluorescence sensing system.

caused by impurities in the urine. Using this experiment as an example, rat urine diluted fourfold is a better choice. The relative standard deviation (RSD) is within the allowable error range.

Finally, several rat urine samples were diluted fourfold and derivatized using the same processing method. We compared the peak area values based on HPLC measurements, as shown in Fig. 7. The values based on the fluorescence intensity were measured by the fluorescence sensing system, as shown in Fig. 8. The values and standard deviations in the figure showed that the method we used could distinguish the urine of diabetic rats from that of healthy rats. We then compared the carbonyl stresses for HPLC and the present method, and obtained a Pearson correlation coefficient of  $R^2 = 0.8132$ , indicating a strong correlation.

This experiment preliminarily demonstrated that in contrast to HPLC, which required 75 min to detect the carbonyl stress in urine, our system required only 1 s for detection. Although there is a difference between the carbonyl stresses calculated by the two systems, a high correlation was observed. The proposed system could measure carbonyl stress and distinguish the urine of

diabetic rats from that of healthy rats. The detection time of 1 s is more in line with the requirements of a sensor than those of HPLC.

## 5. Conclusion

In this study, the fluorescence values measured on the standard calibration curve of methylglyoxal with concentrations ranging from 0 to 560  $\mu\text{g/L}$  and different dilution ratios of rat urine showed a linear relationship. This shows the stability of the proposed simple fluorescence sensing system, which can be used for biological samples. Fourfold dilution achieved the most suitable urine dilution rate ( $R^2 = 0.9879$ ). Finally, we compared the fluorescence value measured by this system with the results of HPLC ( $R^2 = 0.8132$ ). This study preliminarily shows that the system can rapidly measure the carbonyl stress in urine with a small number of samples.

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